

# **NDCC NEWS**

**MARCH 2024** 

### Projects WANTED!

North Dakota's Cancer Plan 2025 – 2035 is being finalized. The North Dakota Cancer Coalition is charged with implementing the North Dakota Cancer Plan. Our members promote and advocate for positive health behaviors, increased cancer screenings, broader access to quality treatment, and better quality of life for survivors.

We became a 501(c)3 organization and are actively seeking funding opportunities. If you have ideas for projects in your community that can be implemented in other communities, let us know and we can include those projects in our funding proposals.

#### NDCC IS NOW A MEMBER OF NDANO

The NDCC has joined the North Dakota Association of Nonprofit Organizations (NDANO), which seeks to educate, advocate and connect to strengthen nonprofits. NDANO provides a variety of learning opportunities and best practice resources. In advocacy, NDANO provides a voice for member organizations, and it serves as a network of members throughout North Dakota and across the country.

We are excited about the tools that membership in NDANO will provide to the newly minted NDCC nonprofit.

#### **WHAT'S NEW?**

Welcome to the new ND Cancer Coalition Newsletter! We will be launching this update delivered by email. If you have items to share, email: info@ndcancercoalition.org

### Stay CONNECTED!



Like and follow the page for updates and to share information. If you prefer, email your post to:

<u>Julie.garden-</u> robinson@ndsu.edu

#### SUN SAFFTY 2025 STATEWIDE POSTER CONTEST

The NDCC in collaboration with the NDSU Extension and 4H has a sun safety poster contest. Participants must choose an appropriate subject or theme directly related to staying safe in the sun. Prizes awarded in the two age divisions (preteen and teen) will be as follows: 1st Place: \$75, 2nd Place: \$50, and 3rd Place: \$25. The deadline is March 14. Details and a submission link are available at

https://www.ndcancercoalition.org/news/sun-safety-2025/

#### WE NEED YOUR HELP!

Would you be interested in serving on the NDCC Bylaws Committee? Jonathan Gardner has agreed to serve as the chair. This committee will meet regularly from March -May before the deadline for notifying the membership of proposed changes. Please email

contactandcancercoalition.org to volunteer!

### **SAVE THE DATE:**

The North Dakota
Cancer Coalition and
ND Colorectal Cancer
Roundtable Meetings
will be held **June 24**and 25, 2025 at the
North Dakota Heritage
Center & State
Museum in Bismarck.

#### INVOICES FOR MEMBERSHIPS

The NDCC has developed an invoice that individuals to use to request payment of their membership dues from their organizations. The invoice is available on the NDCC website at "Become a Member."

#### **MEMBER EXPECTATIONS**

Each NDCC member is expected to do the following:

- Endorse and support the implementation of NDCC priorities.
- Assist with recommending and recruiting new members.
- Coordinate and collaborate within own organization as well as outside organizations to implement strategies that address one or more NDCC priorities.
- Participate in an action team to support the implementation of NDCC strategies.
- Attend meetings to share ideas and recommendations.

## MARCH IS COLORECTAL CANCER AWARENESS MONTH

The American Cancer Society and the National Colorectal Cancer Roundtable provide public awareness related resources and tools to use in your workplace and community.

- Lead Time Messaging Guidebook
- <u>Tailoring CRC Screening Messaging</u> <u>Guidebook</u>
- Messaging Guidebook for Black & African American People
- 2019 80% in Every Community Messaging Guidebook

New Tools from NCCRT:

Updated <u>Clinician's Reference: Stool-</u>
<u>Based Tests for Colorectal Cancer</u>
<u>Screening brief</u>
<u>Cancer Screening in Tribal Communities</u>

March is also Kidney Cancer and Multiple Myeloma Awareness Month.



### **TURN ND BLUE**

In observance of Colorectal Cancer
Awareness Month, the North Dakota Cancer
Coalition is hosting the 9th Annual Turn ND
Blue Photo Contest, sponsored by Quality
Health Associates of ND. We are inviting YOU
to help us make a BIG, BLUE splash across
North Dakota! There are categories for
Hospitals, Ambulatory Care Settings and nonmedical groups. Details and photo submission
are available on the NDCC website.

#### **CANCER FACTS & FIGURES 2025**

<u>Cancer Facts & Figures 2025</u> is an educational companion for <u>Cancer Statistics 2025</u>, a scientific paper published in the American Cancer Society journal, CA: A Cancer Journal for Clinicians. These annual reports provide:

- Estimated numbers of new cancer cases and deaths in 2025 by cancer site and US state
- Current cancer incidence, mortality, and survival statistics
- Information on cancer symptoms, risk factors, early detection, and treatment

#### NATIONAL CANCER CONTROL MONTH

esophageal, and skin cancers.

April is designated as National Cancer Control Month. This is a time to raise awareness about cancer prevention, detection, treatment, and support for cancer patients and their families. During April, cancer awareness campaigns are held to focus on specific types of cancer, including: testicular, head and neck,

The testicular cancer awareness foundation offers Testicular Self-Exam Shower Cards to educate men about this important screening.

https://www.testicularcancerawarenessfoundation.org/t-shirts-wristbands/testicular-self-exam-shower-card

There are currently no screening guidelines for head and neck cancers, since no screenings have been shown to lower risk of dying for people of average risk. However, people at a high risk of developing this disease (which includes HPV or Epstein-Barr infection) may benefit from more vigorous monitoring.

The risk of developing esophageal cancer increases with smoking, heavy consumption of alcoholic beverages, and Barrett's esophagus. It's important to educate patients about these risk factors.

## SANFORD PARTNERS WITH HELIX TO IMPROVE PREVENTIVE CARE

Helix, the leading population genomics company in the nation, and Sanford Health, the largest rural health system in the United States, announced a partnership today to launch a new population genomics program that will drive precision medicine for communities in the Upper Midwest. Read more...

#### SURGEON GENERAL'S ADVISORY

Alcohol use is a leading preventable cause of cancer in the United States, contributing to nearly 100,000 cancer cases and about 20,000 cancer deaths each year. Alcohol consumption is the third leading preventable cause of cancer in the United States, after tobacco and obesity. Alcohol misuse is associated with cancers of the oral cavity, esophagus, larynx, pharynx, liver, colon, and rectum. Even one drink per day may increase the risk of breast cancer.

Interventions you can do with your patients include:

- Strengthen and expand education efforts to increase general awareness that alcohol consumption causes cancer.
- Promote the use of alcohol screening and provide brief intervention and referral to treatment as needed.
- Highlight alcohol consumption as a leading modifiable cancer risk factor.

https://www.hhs.gov/sites/default/files/oash-alcohol-cancer-risk.pdf

The American Cancer Society (ACS) announced the upcoming grant cycle of ACS Pups Assisting with Support (PAWS) aimed at expanding access to facility dogs in pediatric oncology settings.

Click the image for grant application information!



# **UPCOMING EVENTS**

#### **EHR WORKSHOP SERIES**

Organized by the EHR Superusers Workgroup of the North Dakota Colorectal Cancer Roundtable Join all live events here: **EHR Workshop Series** 

#### Microsoft Excel Strategies for Healthcare Quality

Presenter: Jonathan Gardner, QHA Network Administrator and ScreeND Program Data Analyst Join at 12 noon, content to begin at 12:10.

·Feb 25th | 12:00-12:30 CT

March 4th 12:00-12:30 CT

#### **Using Population Health Management Tools for Quality Improvement**

Presenters: Jennifer Saueressig and Billie Jo Nelson, Community Healthcare Association of the Dakotas Recorded Presentation available on March 1 at <a href="mailto:ncercoalition.org">ndcancercoalition.org</a>

#### Development of a Follow-up Measure to Ensure Complete Screening for Colorectal Cancer

Presenter: Elizabeth Ciemans, PhD, MPH, MA, Senior VP Research and Analytics at AGMA March 12th | 12:00 Noon

#### **Team Approach to Quality Improvement**

Presenters: Kari Novak, Kristen Pastorek and Merideth Bell, Unity Medical Center Join at 12 noon, Content to begin at 12:15 March 17th | 12:00-12:45

#### TRIAGE CANCER EVENTS

#### **2025 Triage Cancer Conferences** -- Audience: Anyone

- Triage Health: Saturday, May 17
- Triage Cancer: Saturday, October 18

#### 2025 Triage Cancer Webinar Series -- Audience: Anyone

- February 20 Post-Election Advocacy: Getting Engaged
- March 27 What to Know About Taking Time Off Work
- April 24 Understand Your Disability Insurance Options
- June 26 Navigating Health Care: How to Plan Ahead
- July 22 Accessing & Paying for Clinical Trials
- August 12 What to Do When an Insurance Company Says "No"
- September 16 Closing the Knowledge Gap: Key Tips for Open Enrollment
- October 9 What Should I Know About Medicare? Part 1
- November 19 What Should I Know About Medicare? Part 2





